

**The SYDERSTONE**  
**Newsletter No.54**  
**SEPTEMBER 2016**

**ROAD SAFETY PROGRAM**



The parish road safety program has been enhanced with the addition of Community Speed Watch. A group of volunteers equipped with police style radar guns will be carrying out random vehicle speed checks at various locations within the village. Details of offenders will be forwarded to Norfolk Police for action.

It was the Community Speed Watch in Docking and East Rudham which proved so effective in reducing speeding through those villages. Let us hope that this will be the case in Syderstone.

More volunteers are required to make the scheme effective, so if you are prepared to give some of your time to improving the safety of our village roads, please contact Cllr Martin Bateman on 01485 578124.

The speed watch adds to the Parish Council road safety program, which includes the vehicle activated speed limit signs. These are moved around every four weeks to cover the East/West route through the village (Ashside to The Street) and then the North/South route (Creake Road to Mill Lane).

Added to this is the Parish Council's installation of footpaths along the highway verges, which provide safe off-road access to the common and surrounding countryside. This year a footpath along Rudham Road will be installed and, subject to grant funding, a footpath is planned for Creake Road next year.

**FLOWERS AND GARDENS**



*Parish Council Display by Betty Wells*

In August, the magnificent displays in the Church Festival of Flowers was well attended. These displays were sponsored by local residents & businesses and were designed and arranged by the Church's group of amateur flower arrangers.

In June, the Open Gardens attracted a record number of visitors, including a 32 strong group of gardeners from Holland, who were on a 10 day coach tour of East Anglia's gardens. They commented that their visit to Syderstone was the highlight of their tour.

In total, the 2016 summer events raised £3,300 towards the running costs of the Church. Many thanks to everyone who attended these events and made them such a success, especially the sponsors, flower arrangers and all those who volunteered their gardens – well done everyone !

**WOMEN'S INSTITUTE**

The Stanhoe and Barwick WI is open for membership for the ladies of Syderstone. The institute organises monthly meetings, outings and workshops. The next event is a savoury cooking class and afternoon tea at Fakenham Garden Centre on Monday 5 September 2016. For full details please contact Valerie Robson on 01485 576261 or Pamela Austin 01485 518033.

## FITNESS & NUTRITION CLASS

Ladies, do you want to ditch the diet and get sustainable long term results ? This is a tried and tested programme specifically designed for women in 6 week blocks. Each block costs £85 to include expert coaching with nutritional guidance plus a weekly exercise class with a highly qualified personal trainer. He will provide information to help you along the road to success, together with further workouts and homework suitable to do at home or in the gym.

There will be a private Facebook forum to allow him to support each person, provide motivation, upload recipes and tricks for daily success, as well as allowing the group to keep in touch and support one another.

Limited places are available in small classes at Syderstone Village Hall, Tuesdays 6-7pm, from September. Please contact Dawn Niemann on 01485 576217 or Rory Brown Fitness 07853 172186.

## LOCAL DAY CARE CENTRE

Heritage House Day Centre in Wells is a registered charity which offers day care facilities for the elderly or vulnerable. If you wish to partake of this service, or would be prepared to help as volunteer driver, please contact:

Mary Britton on 01328 711333  
<http://www.heritagehousedaycare.co.uk/>

## SYDERSTONE PARISH COUNCILLORS

CHAIRMAN, Reg Thompson	01485 578508
Mick Askew	01485 578442
Martin Bateman	01485 578124
David Daly	01485 576222
Gerry Taylor	01485 578524
Madeleine Thompson	01485 578422
<b>Clerk, Brian Lloyd</b>	<b>01485 543094</b>

Clerk to Syderstone Parish Council,  
2 Silver Drive, Dersingham,  
Kings Lynn, PE31 6YB  
[ParishClerk@syderstone.com](mailto:ParishClerk@syderstone.com)

**[www.syderstone.com/parish](http://www.syderstone.com/parish)**

## SYDERSTONE PARISH CHURCH

### *Forthcoming Events*

**Saturday 10 September** 9:00am - 5:00pm  
Norfolk Churches Trust sponsored cycle ride.  
Details in Church or from Chris Lewis (07770 659527)

**Friday 21 October** - 6pm, Harvest Festival  
Church service, followed by harvest supper in  
the Amy Robsart hall.

To help with supper catering, please book in  
Church or with Deni Goff (01485 578527) or  
Chris Lewis (07770 659527). Offers of food  
and/or raffle prizes would be most welcome.

**Saturday 29 October** - 9:30am Annual  
Churchyard Clean-up, bring your own tools.

### *Special Services*

**Sunday 4 September** - 10:30am Patronal  
Eucharist at Syderstone Church followed  
bring & share picnic.

**Sunday 30 October** - 6.00pm Benefice  
Service for the Commemoration of the  
Departed.

**Sunday 13 November** - Annual Remembrance  
Day Service and wreath laying, from 10:55 am

### *Regular Monthly Services*

11am Morning Worship on 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Sundays  
11am Parish Communion on 2<sup>nd</sup> & 4<sup>th</sup> Sundays  
6pm Evensong on 1<sup>st</sup> Sunday

### *Church Wardens*

Barnie Wells 01485 578280  
Chris Lewis 01485 528555 / 07770 659527

### *Prayers*

Please advise the Rector of anyone who is ill or in  
hospital and would like to be remembered in the  
regular prayers of the congregation. Baptisms and  
weddings are also by arrangement with the Rector.

***Fr Clive Wylie, Rector*** 01328 823293  
([rector.creakes@gmail.com](mailto:rector.creakes@gmail.com)) 07970 875052

## AMY ROBSART VILLAGE HALL

### **New Member of the Village Hall Committee**

Dan Bridge (Quiz Master and a Fete Organiser) has joined the committee this summer.  
Full list of members displayed at the Village Hall.

### 3<sup>rd</sup> FAMILY HISTORY DAY

Saturday, 6<sup>th</sup> August 2016

This **special** event provided the opportunity to publically display for the first time, the contents of the **Syderstone Community Archive** which is now housed in the village hall.

We had a steady stream of people, either just browsing the material or seeking information on specific family histories. Several new contacts were made and useful information received or given.

**Thanks to all those who helped to make this day a success.**

We still need lots more photographs (family, local events etc.) for our collection, especially 1970-present day- please contact Sheila below if you would like to add to our collection.

If you would like to see the archive inventory please go to [www.syderstone.com](http://www.syderstone.com) or contact:

**Sheila Riches: 01485 578 171**

**Email: [sheilarriches@btinternet.com](mailto:sheilarriches@btinternet.com) OR**

**Barrie Wells: 01485 578280**

**Chris Little: 01485 578270**

### DATE FOR YOUR DIARY

#### **Old Syderstonians Reunion**

**Saturday 8<sup>th</sup> October 2pm – 6pm – everyone welcome – let your friends and relatives know as well.**

#### Spotted the New Windows at the Hall ?

**And did you know Phase 1 of a new heating system is completed ??**

### **NEW CLUBS ?**

#### **CO2 / Air Pistol Club**

*The village hall is proposing to establish an indoor 10 metre air pistol range, using provided CO2 pistols or your own CO2 air pistol.*

**If you are interested please contact Norman Riches on 01485 578 171 or**

**Email: [normanriches@btinternet.com](mailto:normanriches@btinternet.com)**

#### **Table Tennis / Petanque(French bowls) / Social Group**

*The hall has table tennis facilities and is looking to establish a table tennis / social group for all ages*

**If you are interested in helping OR joining please contact Wendy Little on 01485 578 270 or**

**Email: [secretaryARVH@outlook.com](mailto:secretaryARVH@outlook.com)**

## VILLAGE HALL CINEMA

In association with *Creative Arts East*

All films start at 7.30p.m.

### **Saturday 24<sup>th</sup> September**

#### **GOLDEN YEARS (12A)**

*A gentle Ealing like comedy with a serious undertone – and a lovely cast of British acting talent: Bernard Hill, Simon Callow, Virginia McKenna, Una Stubbs and Phil Davies. Hill's opportunistic OAP is furious with the bank for frittering away his pension.*

*However, when his wife (Virginia McKenna) needs expensive medical treatment and the local bowls club is threatened with closure, Hill becomes a regular Robin Hood, robbing banks! His gang includes the old stalwarts listed above – with an increasingly frustrated police inspector (Alan Armstrong) on their tail.*

### **Saturday 22<sup>nd</sup> October 2016**

#### **OUR KIND OF TRAITOR (15)**

*A thriller adapted from the 2010 novel by John Le Carre, moving from the era of Cold War spying to the equally dark world of money laundering. Imagine the following scenario: You are on holiday with your partner, and the two of you are befriended by a wealthy man who keeps inviting you to glamorous parties. After a few days, the man reveals that he is involved with the Russian mafia. He explains that his family are in danger, and he asks you for help. What do you do? The stage is set for a gripping spy drama. Stars Ewan McGregor, Naomie Harris, Stellan Skarsgard and Damian Lewis.*

### **Saturday 26<sup>th</sup> November**

#### **EDDY THE EAGLE (PG)**

*This terrific underdog tale is based on the 1980s real life story of Britain's hopeless but courageous ski-jumper, Eddie "The Eagle" Edwards. It has that touch of The Full Monty/Billy Elliot Brit-crafted magic, with dashes of Ealing comedy thrown in. Taron Egerton gives a superb performance in the lead role.*

**Tickets : £3.50 advance booking,  
£4.00 on the door.**

**Contact: Sheila 01485 578 171 / Jan 578 244**

**Email: [cinema@syderstone.com](mailto:cinema@syderstone.com)**

**ICES AND SOFT DRINKS ON SALE & RAFFLE**

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Fancy an alcoholic drink? – bring your own!  
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